Pita bread

Equipment:

Measuring cups and spoons

Mixing bowl

spatula

Small bowl

Baking tray

Baking paper

Ingredients:

34 cup warm water

21/4 teaspoons dry yeast

1 tablespoon sugar

3 3/4 cups bread flour, plus more for dusting

11/2 teaspoons salt

Tea towel 3 tablespoons extra-virgin olive oil, plus more for the bowl

3/4 cup whole-milk Greek yogurt

What to do:

- 1. In a medium bowl, combine the water, yeast, and sugar. Let the mixture sit until it's foamy on top, about 5 minutes.
- 2. In a large mixing bowl combine the flour, salt. Add the yeast mixture, oil, and yogurt, and mix to combine.
- 3. Knead the dough, by hand on a clean work surface, adding more flour if needed, until it's soft and slightly sticky, 7 to 10 minutes. Transfer the dough to an oiled bowl, cover with a towel or plastic wrap, and let rise until it's doubled in size, about 2 hours.
- 4. Preheat the oven to 260°C and line two baking trays with baking paper.
- 5. Turn the dough out onto a clean work surface and divide it into 12 equal balls. Cover and let rise an additional 20 minutes.
- 6. Roll the balls out into circles that are ½ cm to 1cm thick. Place them onto the baking sheets a couple of centimetres apart, then bake, until they're puffy and lightly browned on top.
- 7. **Use an oven mitt or get help from an adult.** Rotating the pan after 5 minutes. Cook for a further 3 minutes. Transfer the pitas to a wire rack to cool.