

Dressings

Season: all

Serves: 8 or 20 tastes

Fresh from the garden: lemon, orange, herbs

Equipment: Bowl Juicer Measuring spoons Measuring cups Mixing spoon	Ingredients: Orange and olive oil dressing Juice of ½ an orange 1 tablespoon cider vinegar 2 tablespoons olive oil 1 teaspoon Dijon mustard 1 teaspoon honey Pinch of salt Grind of pepper Yoghurt Dressing ¼ cup mayonnaise ½ cup yoghurt 2 teaspoons Dijon mustard squeeze of lemon juice ½ teaspoon salt
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What to do:

For the orange and olive oil dressing.

1. Place all ingredients in a jar.
2. Make sure the lid is on tight! and shake until mixed well.
3. Add to salad and coat well. Serve.

For the yoghurt dressing:

1. Mix all ingredients in a small bowl.
2. Add to salad and mix until covered. Serve.