Cordial

Season: winter Serves: 30 tastes

Fresh from the garden: lemon, orange, herbs

Equipment:	Ingredients:
Bowl	8 large oranges OR lemons
Juicer	750 g sugar
Peeler	750 ml water
Knife	2 tsp citric acid
board	
Measuring spoons	Note: you can add herbs like
Measuring scales	thyme, bay or lemon verbena to the
Measuring jug	mix at step 3 to change up the flavours.
strainer	navours.
Mixing spoon	
Cooking pot	
Bottles and lids	

What to do:

- 1. Wash the fruit.
- 2. Using a peeler, thinly peel the zest from 4 of the oranges.
- 3. Place zest, sugar, and water into a large saucepan.
- 4. Bring to the boil over a medium heat, stirring until the sugar dissolves.
- 5. Reduce heat and simmer for 5 minutes. Set aside to cool and allow to infuse.
- 6. Using a sieve, strain the liquid into a clean pan. Discard the zest.
- 7. Bring the syrup back to the boil and simmer for five minutes.
- 8. Squeeze the juice from all the fruit and strain to remove any pips, set aside.
- 9. Remove from heat and stir in the reserved orange juice and citric acid.
- 10. Pour into warm sterilized bottles and seal.
- 11. Refrigerate for up to 3 months.
- One orange should yield about 100 ml juice. For this recipe you will need 750 ml of orange juice.
- For long term storage water bath for 10 minutes. Remove, cool, label and store in a cool dark space for up to 12 months.