# Wonton soup serves 4-6.

Season: winter

From the garden: wombok, spring onions, broccoli, coriander

## **Equipment:**

Measuring cups and spoons

Mixing bowl

Wooden spoon

Micro plane

Mezza luna

Soup pot.

Chopping board

Cooks knife

Measuring scales

Serving bowls-1 each for your group

#### Ingredients:

## **Wonton filling (50 wontons)**

2 cups cabbage, finely sliced into 2mm slices.

1/2 tsp salt

## \*25g dried mushroom

½ cup firm tofu, finely diced into 3mm cubes or grated.

1/2 teaspoon garlic finely grated.

- 1 teaspoon ginger finely grated.
- 2 tablespoon green onion finely sliced then minced.
- 2 tablespoons finely grated floury potato, including juices, for binding.
- 1 teaspoon soy sauce

1/4 tsp sugar

1/4 tsp salt

2 pinches white pepper

#### **BROTH (FOR 4 SERVINGS)**

3 cups water plus stock powder.

2 garlic cloves, smashed.

1 cm piece of ginger, sliced.

11/2 tablespoons soy sauce

2 teaspoons sugar

1 tablespoon mirin

#### TO SERVE per person

1 tablespoon green shallots finely sliced.

2-3 pieces broccoli and broccoli leaves cut into 5cm lengths.

2 wombok leaves, shredded.

40 g dried noodles per person

#### What to do:

## Wonton filling

### 1. Prepare cabbage.

Toss cabbage with 1/2 teaspoon salt in a bowl. Set aside for 20 minutes. Then grab handfuls and squeeze out excess water as best you can. Place squeezed cabbage in a bowl for mixing the filling in.

#### 2. \*Dried mushrooms.

Soak mushrooms in 1 litre of boiling water for 30 minutes. Squeeze out excess liquid and finely chop into 2 mm pieces. Add to the filling bowl.

#### 3. Potato.

Add grated potatoes to filling mix, including all the liquid that is there when you grated it. We want all that starchy juice for its binding power!

#### 4. Filling.

Add remaining ingredients into the filling bowl, mix to combine. It will look crumbly – don't worry, everything sticks together better when cooked thanks to the potato.

## **Wrapping Wontons**

- 5. Lay Wontons on work surface. Use 2 teaspoons of filling on the wontons. Work in batches of 4.
- 6. Brush 2 edges with water. Fold to seal, pressing out air.
- 7. Brush water on one corner and bring corners together, pressing to seal.

#### **Broth**

- **8.** Place broth ingredients in a saucepan over high heat. Add white ends of shallots if left over from Wonton filling.
- **9.** Place lid on, bring to simmer then reduce to medium high and simmer for 5 10 minutes to allow the flavours to infuse. Pick garlic and ginger out before using.
- **10.** For wontons and vegetables, place in broth and cook wontons for 4 minutes or until they float. Blanch vegetables in the soup broth and place in serving bowl.

## Assemble soup:

- 11. Prepare noodles according to packet directions. Place in serving bowl with cooked wontons and blanched vegetables.
- 12. Ladle over soup. Serve!